

I Am a Person Who Stutters

Stuttering is a condition covered by the Americans with Disabilities Act

- **What is stuttering?** Stuttering is a communication disorder in which the flow of speech is broken by repetitions (li-li-like this), prolongations (lllllike this), or abnormal stoppages (no sound) of sounds and syllables. There may also be unusual facial and body movements associated with the effort to speak. Stuttering is also referred to as stammering.
- More than **70 million people worldwide stutter**, which is about 1% of the population.
- There are many complex factors involved with stuttering. **Stress is not the cause, but it certainly can aggravate stuttering.**

For more information, call **800-992-9392**
or visit www.StutteringHelp.org



私には吃音があります

吃音は「米国障がい者法」の対象です。

- **吃音とは何ですか？**吃音は、連発（す、す、好き）、伸発（すーき）、または難発（.....好き）によって、話し言葉の流れが崩れるコミュニケーション障害です。また、話そうとすることによって不自然な顔や体の動きを伴うことがあります。吃音は英語でStutteringまたはStammeringと呼ばれます。
- **世界中で7千万人以上の人々が吃音を抱えており、これは人口の約1%です。**
- 吃音には複雑な要因がたくさんあります。**ストレスは原因ではありませんが、吃音を悪化させる可能性は間違いなくあります。**

詳細については、+ 81-3-3942-9436

<http://zengenren.org/>

JAPAN STUTTERING GENYUKAI ASSOCIATION



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